

Music Therapy Association of South Carolina in cooperation with
South East Region – American Music Therapy Association
Spring, 2010 CMTE

I Write the Songs: Songwriting in/as Music Therapy
Presenter: Tracy Richardson, M.S., MT-BC

COURSE DESCRIPTION: Participants will learn the basics of songwriting, and how to use songwriting in/as therapy. Clinical and musical decisions which must be made will be discussed. Practical tools, such as common chord progressions and accompaniment patterns will be covered. Hands-on experiences are aimed at building confidence in using songwriting as a clinical intervention.

LEARNER OBJECTIVES: During this CMTE, participants will:

- co-write three songs, one of which will include at least the I, IV and V7;
- learn at least four accompaniment patterns to use in songwriting;
- learn how to use the Chord Classification System to guide songwriting; and
- gain confidence in songwriting ability as measured by a pretest and posttest.

CBMT Scope of Practice areas covered:

- I.B.3
- III.A.f.10/11
- III.A.3.i
- I.B.9.b

ABOUT THE PRESENTER: Tracy Richardson, M.S., MT-BC is an Associate Professor of Music Therapy at Saint Mary-of-the-Woods College (SMWC). She has served as Director of Music Therapy at SMWC since 1995. In 2000, she was instrumental in creating and launching the SMWC Master of Arts in Music Therapy program. She has been a music therapist for 21 years, and has worked with people with a variety of health issues, including mental health problems, developmental disabilities and cancer. She is an active singer/songwriter/performer and in 1997 released a self-titled CD containing mostly original music.

COURSE SCHEDULE AND FORMAT: The course will be offered on February 27, 2010 at Charleston Southern University, from 9:30 AM - 12:15 PM and from 1:15 - 3:30 PM with two 15-minute breaks in addition to a lunch break. The presentation will include participant discussion, music examples, active music-making, foundational/theoretical information and active participant experience.

COURSE DETAILS: The course carries **5 CMTE** credits, and a fee of **\$25** will be charged to cover costs. The course is designed for entry-level or professional music therapists. All members will be notified in advance if the CMTE has to be cancelled. Please notify Anne Lipe (anne.lipe@converse.edu) if you plan to attend. Advance payment is not necessary; please bring payment on the day of the event. Checks should be made out to: MTASC.

"I Write the Songs: Songwriting in/s Music Therapy" is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). The SER-AMTA, P-024, maintains responsibility for program quality and adherence to CBMT policies and criteria.